

Governor's Conference for
Mental Health & Criminal Justice Transformation

The Jericho Project:

*Post-booking jail diversion for persons with
serious mental illness and co-occurring disorders*



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May 13, 2008

Virginia Beach, VA



The
**JERICO
PROJECT**

Bringing Down Barriers
to Recovery

May 13, 2008

Virginia Beach, VA

"The Jericho experiment sought to create a consumer driven public health jail diversion model based on principles of recovery and resilience, relying on best practice transition planning to access integrated treatment and services, understanding that relationships, peers and community are paramount on the journey to recovery."

A C Wharton, Jr
Mayor, Shelby County, Tennessee



Practical Advice on Jail Diversion

Ten Years of Learnings on Jail Diversion from the CMHS National GAINS Center

CMHS National GAINS Center

CMHS GAINS TAPA Center for Jail Diversion

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Jail Diversion

Quick Reference Guide

Reference: *Sequential Intercept Model*

- Intercept 1 • Law Enforcement & Crisis Services
 - Crisis Intervention Teams – *law enforcement*
 - Mobile Crisis Models – *mental health*
 - Blended models
- Intercept 2 • Initial Detention/1st Appearance
 - Fast Track/Pretrial Release
- Intercept 3 • Jails & Courts
 - Mental Health specialty courts
 - Non-specialty courts - Jericho
- Intercept 4 • Re-entry – from Jails & Corrections
- Intercept 5 • Community Corrections/Community Support

TRUE STORY PICTURES PRESENTS

VOICES OF JERICO



STORIES OF JAIL DIVERSION

Why Jericho?

- For 3000 years a place of safety
 - Food, water, and protection
 - A safe place in the desert
-
- Metaphor of bringing down walls
 - Bringing down barriers to recovery

High end target population

- Serious Mental Illness – Axis I
 - Schizophrenia spectrum
 - Bipolar Disorder
 - Major Depression ...
- Co-occurring substance use – 74%
- Felonies, misdemeanors, kitchen sink
- *Taps free leverage*
- *With dignity, minimizes stigma*

Eligibility

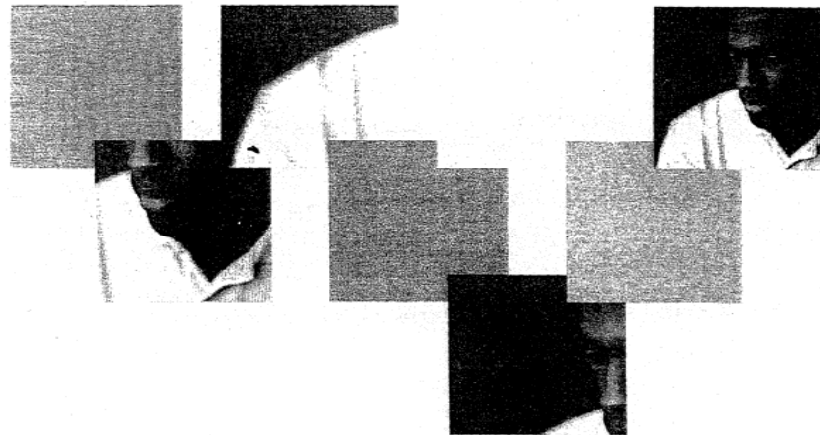
- Serious mental illness
- Stable on medication
- Willing to embrace treatment
- *Seeking to serve persons whose contact with the justice system is related to untreated mental illness*

Systems Barriers

- Fragmentation among MH, SA, housing, social services & health care
- Inadequate community services
- Waiting lists for treatment & services
- Navigating SSI, SSDI, Medicaid
- Lack of adequate housing
- Stigma, discrimination, NIMBY

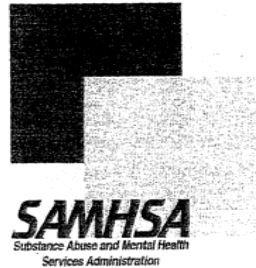
Jericho in a Box

1. Best Practice Transition Planning
2. Community Linkage Plans
3. Conditional Release Strategies ***Free***
4. Independent, Layered Supervision ***Free***
5. Integrated Treatment
6. Bridge Case Management
7. Mainstream Services ***Free***



**A Best Practice Approach
to Community Re-entry from Jails
for Inmates with Co-occurring Disorders:
The APIC Model**

Fred Osher, M.D., Henry J. Steadman, Ph.D., Heather Barr, J.D., M.A.



Published by the National GAINS Center

September 2002

Funded by the Center for Mental Health Services and
the Center for Substance Abuse Treatment

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APIC for Transition Planning

Osher, Steadman & Barr, 2002

- **APIC-model** best practice *transition planning*
 - **Assess** *clinical and social needs*
 - **Plan** *for treatment and services*
 - **Identify** *community programs*
 - **Coordinate** *transition plan to avoid gaps in care*

- **Key Domains of Services**
 - Mental Health Services
 - Medications
 - Housing
 - Income Support/Benefits
 - Substance Abuse Services
 - Health Care/Benefits
 - Food/Clothing
 - Transportation

Recovery Support Specialists

"Boundary Spanners" per Steadman

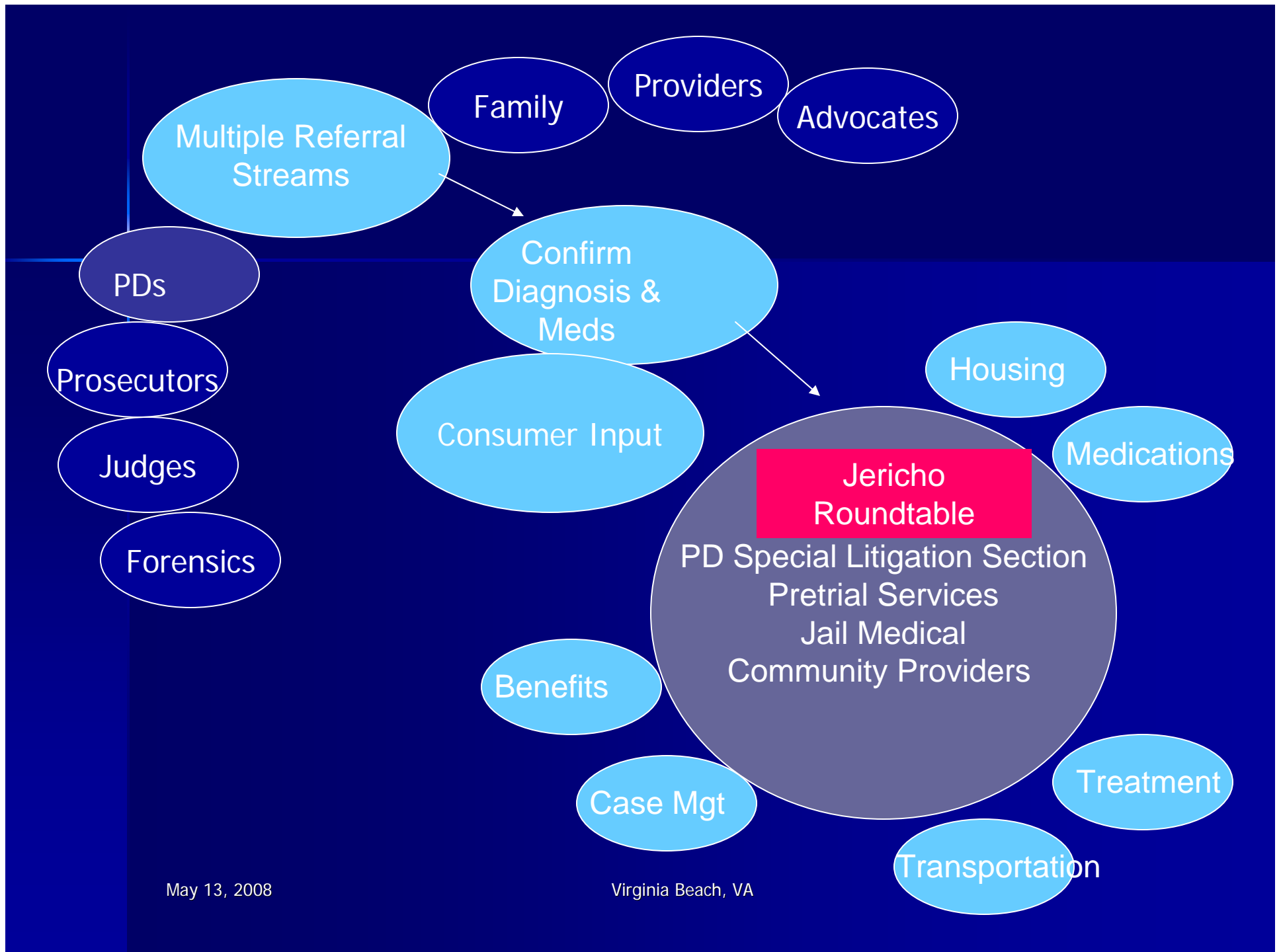
- Client engagement while in custody
- Transition planning
- Transitional case management
- Progress reports to court
- Minimum of 120 days
- 85% linkage success expected

EBPs & Training

- IMR - *Illness Management & Recovery*
- Integrated Treatment
 - Drake, Minkoff, Osher
- Cultural Competence
- Finding the Key – Bazelon Center
- SPECTRM
- SOAR – SSI/SSDI Outreach Access & Recovery
- *Stepping Stones to Recovery*

Recovery Toolkit

- Case management resources
- Treatment options
- Benefits application/restoration
- Rental assistance
- Transportation resources
- Bridge medication resources
- Temporary identification
- Housing – transitional to permanent



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Conditional Release Strategies

- Many forms of conditional release
 - Supervised pretrial release
 - Probation: county, state, private
 - Avoiding revocation on probation
- Supervision is layered over CLP
- Independent eyes and ears
- Material noncompliance reported

Outcomes

- At 6 months 76% no further arrests
- 25% bump up against the system
- 25%, usually new offenses, result in reincarceration
- *Overall, more than half no further arrests*
- *Overall, 99 fewer jail days per divertee/year*

Systems Impact_{, n=45}

- Jail days dropped from 8540 in the year preceding linkage to 2395 in the year following
- 6145 fewer days @\$91 = \$559,195
- \$12,427 per detainee
- 100/year = \$1,242,700

Evaluation

- Improved quality of life
- Reduced severity of symptoms
- Reduced jail days
- Reduced arrests
- *Judges approve over 95% of CLPs*

Successes

- Referrals from prosecutors
- Referrals from judges
- High tolerance of relapse
- Better, faster dispositions
- *The branding of Jericho*

Comparison

■ Mental Health Courts

- One Division
- Usually non-violent, lowgrade offenders
- Judge leads team approach ...
- Top Down

■ Jericho

- All Courts
- No preset limitations
- Driven by dynamics of adversarial system
- Bottom Up

Looking Forward

- Gender-specific, trauma-centered
- Targeted resources for homelessness
- Consumer Peer Specialists & WRAP
- Supportive Employment
- Transitional Housing
- Gideon – IMS and early intervention

Factors for Success

- Interagency collaboration
- Active stakeholder involvement
- Effective boundary spanner(s)
- Strong leader or change agent
- Quality transition planning
 - Incorporate evidence-based practices
- Specialized case management services



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Resources

- Policy Research Associates
 - www.prainc.com
- The National GAINS Center
 - www.gainscenter.samhsa.gov
- Council of State Govts Mental Health Consensus Project Report
 - www.csq.org
 - www.consensusproject.org
- SAMHSA
 - www.samhsa.gov
- National Registry of Evidence-based Px & Prgms
 - www.nrepp.samhsa.gov

